+DAY #1

Scheduled Time	Min	Topic	Speaker	Notes
0745 - 0830	45	Registration Check-in		
0830 – 0840	10	WELCOME		LTC Henry
0845 - 0915	30	Ice Breaker		SMSgt LaFary
0915 – 0925	10	Break/Mingle		
0930 - 1000	30	WY TAG Brief / Q&A	MG Porter	Brief / Q&A
1000 - 1015	15	Mingle / Vendors		Mingle W/Vendors
1015-1020	5	Transition Military/State Breakout		**Army/Air Lg Room---State Small Rooms TCI 120/121**
1025 – 1055	30	FE WARREN WIT		**MAJ ELLER**
1025 – 1055	30	***STATE RETIREMENT***	**Ms. Stacy Woita**	**TCI 120**
1055 – 1100	5	Transition FE Warren Women's Health		
1100 – 1145	45	Women's Health	LtCol Avram	FE Warren AFB Women's Health
1100 - 1200	60	**State of Wyoming Employee's Group Insurance**	**Ms. Toalson**	**TCI 121**
1145 – 1200	15	Women of the Military		TSgt Delgado / TSgt Stevens CENTENNIAL ROOM
1200 – 1300	60	Lunch LCCC Dining Facility		
1300 – 1315	15	Mingle w/vendors		Transition back from lunch
1315 -1400	45	Implicit Bias	SMSgt LaFary	
1400 – 1410	10	Transition to Break Outs		Digital Sign Up for Each topic/session through the link
1410 – 1440	30	Break-out Session #1		
1440 – 1450	10	Transition to Break Out #2		
1450 - 1520	30	Break-out Session #2		
1520 – 1530	10	Transition to Break Out #3		
1530 – 1600	30	Break Out #3		
1600 - 1615	15	Closing Comments		
1615 – 1715	60	Networking & Social Hour		Mingle & visit Vendors

Break-out Session Topics (final # of topics dependent on rooms/space available):

1. Time Management & Task Prioritization (Maj Bassman) ----TC 120
2. First Command & Finance (Audra Gagnon) TC 121
3. De-stressing Techniques (Maj Woodward -FE Warren Psychologist) CCI 130

DAY #2

Scheduled Time	Min	Topic	Speaker	Notes
0800 – 0850	50	Welcome & Intro – CO ANG AAG	BG Bren Rogers	LTC Henry to Introduce
0850 – 0900	10	Transition/break		
0900 – 0945	45	DPH – Stigmas & Trends	Raven Coward, Stacy Nation, & Kristin Malone	TSgt Emily Stevens POC
0945 – 1000	15	Break /Transitions	-	Mingle w/Vendor
1000 – 1100	60	State of Wyoming A&I HRD	Mr. Chris Bosselmann	TC 120
1000 - 1100	60	TSP	Adrienne Taylor	Lt Stegman POC
1100 – 1220	80	Lunch Joint Military Panel	Joint Military Spouses	Joint Military Spouses Panel
1220 – 1230	10	Break		
1230 – 1300	30	Wills, Trust, & Estates	Laura Jackson	Jackson & Ojeda, LLC
1300 - 1305	5	Transition to Connectedness		
1305 – 1335	30	Connectedness	CMSgt Perry	Colorado CSEL
1335 – 1355	20	Mingle w/Vendors		
1355 – 1400	5	Transition Break-out Session 1-3	-	Digital Sign Up for Each Topic/session
1400 - 1430	30	Break-out Session #1		
1430 – 1440	10	Transition to Break-out Session #2		
1440 – 1510	30	Break-out Session #2		
1510 – 1520	10	Transition to Break-out Session #3		
1520 – 1550	30	Break-out Session #3	-	
1550 – 1620	30	Motivation Speech	SGT Rebecca Bridger	Current Miss Wyoming USA 2023
1620 -1630	10	CLOSING	LTC Henry	

Break-out Session Topics (final # of topics dependent on rooms/space available):

1. Crucial Conversations – MSgt Matt Edwards—TC120
2. VA follow up (+ survivor benefits time permitting) Adrienne Taylor ---TC121
3. Building empathy in a world with a shortage of Unicorns (SARC Motley & Team) –CCI 130