

DAY #1 Preregistration Prior to Event

Scheduled Time	Min	Topic	STATE Break Out	Notes
0745 - 0830	45	Registration Check-in / Personality Assessment		Attendees will fill out personality assessment upon check in
0830 – 0840	10	WELCOME		COL Chavez & LTC Henry
0845 - 0925	40	Personality Assessment Review		SMSgt LaFary
0930 - 1000	30	WY TAG Brief / Q&A		BG Porter
1000 - 1020	20	Mingle Vendors	-	
1020 – 1025	5	Transition Military/State Breakout	Transition to State Breakout	Army/Air Lg Room---State Small Rooms
1025 – 1055	30	FE WIT (Maj Eller)	State Retirement	Ms. Stacy Woita (needs Screen)
1055 – 1100	5	Transition FE Warren Women’s Health	Transition	
1100 – 1145	45	FE Warren Women’s Health (LtCol Avrum)	State of Wyoming Employees’ Group Insurance	Ms. Toalson /State is 60 Minutes / Needs Screen
1145 – 1200	15	Women of the Military		TSgt Delgado / TSgt Stevens
1200 – 1300	60	Lunch LCCC Dining Facility		
1300 – 1315	15	Mingle w/vendors		Transition back from lunch
1315 -1400	45	Implicit Bias	-	SMSgt LaFary
1400 – 1410	10	Transition to Break Outs		Digital Sign Up for Each topic/session
1410 – 1440	30	Break-out Session #1	-	
1440 – 1450	10	Transition to Break Out #2		
1450 - 1520	30	Break-out Session #2	-	
1520 – 1530	10	Transition to Break Out #3		
1530 – 1600	30	Break Out #3		
1600 - 1615	15	Closing Comments		
1615 – 1715	60	Networking & Social Hour	-	Mingle & visit Vendors
1730 – 1830	60	Group Community SVC Project: Food Bag Foundation		Location: Meals on Wheels 2003 S. Greeley Hwy Suite A

Break-out Session Topics (final # of topics dependent on rooms/space available):

1. Time Management & Task Prioritization (Maj Bassman)
2. Using Your Past for Future Success (Stacy Nations)
3. First Command & Finance (Audra Gagnon) (Col Chavez will reach out to confirm)
4. De-stressing Techniques (FE Warren Psychologist)

DAY #2

Scheduled Time	Min	Topic	Speaker	STATE Break Out	Notes
0800 – 0850	50	Welcome & Intro – CO ANG AAG	BG Bren Rogers		Col Chavez & LTC Henry to Introduce
0850 – 0900	10	Transition/break			
0900 – 0945	45	DPH – Stigmas & Trends	Raven Coward & Stacy Nations		TSgt Emily Stevens POC
0945 – 1000	15	Break /Transitions	-		Mingle w/Vendor
1000 - 1100	60	TSP VA	Adrienne Taylor Team	State of Wyoming A&I HRD	Lt Stegman POC for Taylor Team/ State Needs screen
1100 – 1220	80	Lunch Joint Military Panel	-		Joint Military Spouses
1220 – 1230	10	Break			
1230 – 1300	30	Wills, Trust, & Estates	-		
1300 - 1305	5	Transition to Connectedness			
1305 – 1335	30	Connectedness	-		Colorado CSEL CMSgt Perry
1335 – 1355	20	Mingle w/Vendors			
1355 – 1400	5	Transition Break-out Session 1-3	-		Digital Sign Up for Each Topic/session
1400 - 1430	30	Break-out Session #1			
1430 – 1440	10	Transition to Break-out Session #2			
1440 – 1510	30	Break-out Session #2			
1510 – 1520	10	Transition to Break-out Session #3			
1520 – 1550	30	Break-out Session #3	-		
1550 – 1620	30	Motivation Speech			SGT Rebecca Bridger (former Mrs. Wyoming)
1620 -1630	10	CLOSING	Col Chavez/LTC Henry		

Break-out Session Topics (final # of topics dependent on rooms/space available):

1. Crucial Conversations – MSgt Matt Edwards
2. TSP/VA follow up (+ survivor benefits time permitting) Adrienne Taylor Team
3. Prevention Ninja (Motley)
4. Embrace your leadership potential CMSgt Perry