WYMD Helpline
307-772-5555

Helping Agency Matrix

WYMD Helpline
307-772-5555

Scan for info on sexual assault/harassment

WYOMING MILITARY DEPARTMENT

Can assist	All	Mil Dep	Mil	Mil Dep	All	Mil Dep	Mil Dep	All	All	Mil	All	All	Mil	Mil	
Confidentiality		partial	partial		total					partial			partial	total	
Family															
Deployments	•	•	•	•	•	•	•		•	•	•				
Divorce/Separations	•	•	•	•	•	•	•		•		•				
Getting Married	•	•		•	•		•		•		•				
Loss of Family Member/Friend	•	•	•		•	•			•		•				
New Parent Support	•	•	•	•	•		•		•		•				
PCS'ing/Relocating	•	•	•	•	•	•			•		•				
Raising Teens	•	•	•		•	•			•		•				
Relationship Challenges	•	•	•		•				•		•				
Single Parent	•	•	•	•	•	•			•		•				
Employment Support	•	•							•	•	•				
Strengthening Marriage	•	•	•		•				•		•				
Personal															
Abuse, Neglect or Trauma	•	•	•		•	•	•				•				
Substance Abuse	•	•	•		•						•				
Anger Management	•	•	•		•						•				
Anxiety/Panic	•	•	•		•						•				
Dating Violence	•	•	•		•	•					•		•		
Discrimination	•	•	•		•		•			•	•	•			
Domestic Violence	•	•	•		•		•				•		•		
Health Concerns	•	•	•		•						•				
Loneliness/Isolation	•	•	•		•				•		•				
Sexual Harassment	•	•	•		•		•	•			•	•			
Sexual Assault	•	•	•		•		•	•			•				
Sleep Difficulties	•	•	•		•						•				
Stress	•	•	•	•	•						•				
Suicidal Ideation	•		•		•									•	
Mediation	•				•		•				•	•			
Weight/Fitness/Nutrition	•	•	•								•				
Financial															
Emergency Need	•	•	•	•	•				•		•				
Foreclosure	•	•		•	•		•		•		•				
Mortgages/Loans	•	•		•	•		•		•		•				
Retirement/Separation	•	•		•	•		•		•		•				
Legal															
Divorce	•	•					•								
Power of Attorney	•	•					•								
Wills	•	•					•								
General Legal Advice	•	•					•								

Leadership

Military OneSource (800) 342-9647

Psychological Health (307) 772-5067 | (307) 772-6185

Personal Financial Counselor (307) 772-5017 | (307) 773-2241

Chaplain 307 772-5197 | (307) 772-6459

Child & Youth Program (307) 772-5211

Legal Office (307) 772-5204 | (307) 772-6057

Sexual Assault Response Coordinator (307) 996-6082 | (307) 631-4908

Soldier/Military &Family Readiness (307) 772-5017 | (307) 772-6063

Employer Support of the Guard & Reserve (307) 772-5376

Employee Assistance Program (307) 772-5245

State Equal Employment Manager (SEEM) (307) 772-5245

Domestic Abuse Victim Advocate (F.E.) (307) 201-9415

Suicide/Military Crisis Line Call/Text 988

Helping Agencies/Services

Emergency (911)

Suicide & Crisis Line	Call or text: 988
Cheyenne VA Medical Center	307-778-7550
Cheyenne Safehouse	307-634-8655
American Red Cross	800-733-2767
Inspector General	307-772-5011 | 307-772-6820/6583
Transition Assistance Advisor	307-772-5163
Substance Abuse Prevention	307-772-5058
Suicide Prevention	307-772-5337
Veteran's Commission	307-777-8152
Military Equal Opportunity (MEO)	307-772-5118 | 307-772-6474
Critical Care Team/Airman Care Team	307-772-5067 | 307-772-6063
Office of Primary Prevention	307-772-5237|5238 | 5235

F. E. Warren Resources (may be dependent on members status)

Family Child Care (In-Home)	307-773-3317
F. E. Warren Youth Center (School Age)	307-773-2564
Military & Family Readiness*	307-773-2241
*Financial Counseling, Transition Assistance, Employment, Exceptional Family Mbr, Spouse Prgms	
Alcohol/Drug Abuse Prevention&Treatment	307-773-2998
Behavioral Health Optimization (BHOP)	307-773-3461
Military Family Life Counselor (Adult)	307-369-3078
Family Advocacy Program (FAP)	307-773-4228
School Liaison	307-773-5943
TRICARE Operations Patient Admin (TOPA)	307-773-3011
Education Center	307-773-2313
F. E. Warren Child Development Center	307-773-3221

Chaplains provide 100% confidential counseling & referrals to all Wyoming Military Department community members regardless of faith.

Military Family Life Counselors (MFLC) provide partial confidential counseling & referral to all service members and their dependents.

MFLCs must report ideation of violence toward self or others.